

Date	Topic/Description	Time	Instructions/Registration
Monday Nov 2	<b>Getting Started</b> - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Wednesday Nov 4	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Monday Nov 9	Montessori for Dementia - covers what is Montessori for dementia, why we use the techniques, activity ideas for home use & how	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator.



	to adapt them for stage/abilities.		Email: <u>d.farrell@alzheimerpeel.com</u> The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter
Wednesday Nov 11	Montessori for Dementia - covers what is Montessori for dementia, why we use the techniques, activity ideas for home use & how to adapt them for stage/abilities.	1:00-2:30 pm	<ul> <li>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator.</li> <li>Email: d.farrell@alzheimerpeel.com</li> <li>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.</li> </ul>
Monday Nov 16	Understanding Behaviour - covers what the meaning behind behaviours is, common behavioural triggers, and management strategies.	6:30 -8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste



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Wednesday Nov 19	Understanding Behaviour - covers what the meaning behind behaviours is, common behavioural triggers, and management strategies.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Monday Nov 23	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter



Wednesday Nov 25	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Monday Nov 30	Holiday Planning and Visiting Tips – covers how to adapt the holiday planning for people living with dementia, and visiting tips for someone with dementia in different settings (LTC, Retirement, Community).	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or register through Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.