



U-First! for Care Partners

Registration
is Free

U-First!® is an innovative education program for all members of the care team who are supporting people with behaviour changes due to dementia or other cognitive impairment. This includes health care providers in a direct care role and care partners (family and friends). The U-First!® Framework is a person-centred approach to looking at the whole person.

U-First!® for Care Partners

is a 6 hour education program that will help you to build confidence and skills to:

- Enhance your well-being and that of the person you are supporting who is experiencing behaviour changes
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care

Session dates:

Friday October 23rd, 30th

and Nov. 6 2020

10am-Noon

Participants are required to attend all 3 sessions.

To register please visit

www.alzheimerniagara.ca/online

Registration details and the link for the Zoom sessions will be emailed after registration.

**For more information please call:
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