



# Société Alzheimer Society

NIAGARA REGION  
RÉGION DE NIAGARA

## Boredom Buster Kit Education Session

- Explore how the contents of your activity kit help keep you healthy.
- Engage your brain in activities with the help of your kit.
- Discover tips for living safely with dementia

**Wednesday, November 25, 2020**

**1:30 – 3:00pm**



**ONLINE ON ZOOM**  
**Register today at**

**[www.alzheimerniagara.ca/online](http://www.alzheimerniagara.ca/online)**

**Your session link will be emailed after registration**

