



Jay

Jay has been a volunteer with the Alzheimer Society of Niagara Region for one year. He dedicates his time weekly to the meaningful visiting program, to a client living with dementia, completing activities and enjoying friendly visits, to enhance and continue engagement. This continued engagement reduces feelings of social isolation for both the client and their care partner and enriches clients in activities that are meaningful to them. Jay describes the meaningful visits program as a unique opportunity. He has established a great rapport and has interactions he would not otherwise be able to have with the client and appreciates the uniqueness that this program entails.

Jay wants to do good for the community and recognizes that the Alzheimer Society of Niagara Region gives him the opportunity to achieve this. Jay says that when volunteering with the Alzheimer Society, you make a real impact on that client's life, even if it is just something that they can look forward to. Never discredit, or devalue the significance you have on somebody's life, and the community entirely. Something that seems like it is not a big deal, or seems small, has unquantifiable, boundless positive results. During his volunteer endeavors, he displays a sense of responsibility and dedication to his roles. Jay feels a sense of responsibility and feels that he owes contributions to the community to make the world a better place.

During his time volunteering, Jay has learned patience, and that dementia and Alzheimer's disease can manifest and present itself differently in different people. Jay is able to anticipate needs and engage proactively with clients, while instilling the values and goals of the ASNR- care, accountability, respect and excellence. Jay plans on seeking more information about the Alzheimer Society as a whole, so that he can continue to develop and learn to be well equipped to take on the community.

Jay hopes to continue volunteering with the Alzheimer Society of Niagara Region, advocating for and supporting people living with dementia.