



Soci t  Alzheimer Society

NIAGARA REGION
R GION DE NIAGARA



Armchair Travel to Costa Rica!

Escape your every day routine and enjoy a virtual tour of Costa Rica. Join us as we explore the sunny beaches and amazing rain forests. Seeing the vibrant colours and hearing the sound of the ocean waves, will do wonders for your mental health.

Wednesday, November 4, 2020

10:00 - 12:00pm

NOW ONLINE

[Click here to register!](#)

**Connection details will
be e-mailed after registration.**

