



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Fall Back</p> <p>Daylight Saving Time Ends</p>	2	<u>Men's Peer Group 9am</u> <u>Minds in Motion 10am</u> <u>Caregivers Café 1:30pm</u>	<u>Caring in Facility Caregiver Support 10:00am</u> <u>Circle of Friends 1:30pm</u>	<u>Minds in Motion 10am</u> <u>Musical Memories 2pm</u>	<u>Friendly Fridays at the Chit Chat 1:00</u> email: Noreen Peters noreenpeters@cogeco.ca	7
NEW Minds in Motion Exercise PROGRAM IN CONJUNCTION WITH SARNIA! WE hope you can join us!	<u>Interactive Art Discussion at the AGO 6-7</u> <u>Please Register here</u>	<u>Men's Peer Group 9am</u> <u>Minds in Motion 10am</u> <u>Caregivers Café 1:30pm</u> <u>Caregivers Evening Chat 7pm</u>	<u>Ladies Peer Group for early onset 9:00 am</u> <u>Circle of Friends 1:30pm</u> Lest We Forget!  <small>Veterans Day Remembrance Day (Canada)</small>	<u>Minds in Motion 10am</u> <u>Musical Memories 2pm</u>	<u>Friendly Fridays at the Chit Chat on Zoom 1:00</u> <u>Matinee Movie Space Cowboys 1:30 pm</u>	Note: We are inviting you to join us online for a movie on Friday the 13 th at 1:30 please call the office to register and arrange for pick up of your movie treat bag!
Please Note that the zoom links are imbedded into the name of the program Simply right click and open hyperlink to attend	<u>Toys - Presentation from Oil Heritage Museum – 2:30pm</u>	<u>Men's Peer Group 9am</u> <u>Minds in Motion 10am</u> <u>Caregivers Café 1:30pm</u>	<u>Ladies Peer Group for early onset 9:00 am</u> <u>Circle of Friends 1:30pm</u>	<u>Minds in Motion 10am</u> <u>Men's Caregiver Group 10am</u> <u>Musical Memories 2pm</u>	<u>Friendly Fridays at the Chit Chat on Zoom 1:00</u>	21
<u>*Please register for Virtual Speaker Series (click link on event to register or ask us for help!)</u>	23	<u>Men's Peer Group 9am</u> <u>Minds in Motion 10am</u> <u>Caregivers Café 1:30pm</u>	<u>Ladies Peer Group for early onset 9:00 am</u> <u>Circle of Friends 1:30pm</u>	<u>Minds in Motion 10am</u> <u>*Virtual Speaker Devon Cosgrove 12:30 p Holistic Nutritionist*</u> <u>Musical Memories 2pm</u> <small>Thanksgiving Day (US)</small>	<u>Friendly Friday at the Chit Chat on Zoom 1:00</u> <u>Online Pottery Program with Crockadoodle 2:00pm</u>	Note: To register for our online pottery session please call reception, this is a partner program, the chance to make a beautiful keepsake! More info in Newsletter.
LEGEND: BLUE: Caregiver Support Groups GREEN: Special Event RED: Groups for persons living with a diagnosis	29	30	<h1>November 2020</h1> <p>ALZHEIMER'S SOCIETY OF KFL&A, 400 Elliot Ave. Unit 4, Kingston, ON K7M 6M9, 613-544-3078</p>			