

## Your Coffee Break Will Still Make a Difference

for more than 1,000 local individuals and families living with dementia.

The Alzheimer Society of Grey-Bruce continues to provide:

- Online Support Groups, Activity Groups, and Minds in Motion
- Online Education Sessions and Seminars
- Support local Memory Clinics for dementia diagnosis
- In Home Activity Kits and Activity Schedules
- And expert advice for local families who are dealing with complicated times