

Dear Friends,

There have been a lot of changes since the start of the COVID-19 pandemic. Fall has ushered in cooler weather and the Alzheimer Society of Durham Region (ASDR) is excited to begin welcoming clients and volunteers back into the office on a limited basis.

We've missed you!

Since the onset of the pandemic, ASDR has been committed to connecting with our clients by offering virtual programs, services and support, both via phone and through online platforms, such as Zoom. This fall, we will be offering a hybrid of services and support options. Clients will be able to meet with staff in our offices one-on-one by appointment or continue to access support online or by phone, and our Young Onset Adult Day Program has begun offering in-person sessions once again.

If you're looking for fun ways to stay active and engaged, our Minds in Motion® and Brain Wave Cafés will continue to be offered online, and if you're feeling creative, we have six weeks' worth of art to experience. There's something for everyone in our social and recreation calendar this fall.

As leaders in dementia training, our public education team has been working hard to deliver outstanding workshops and presentations. From our First Steps programming to our French Language Services, you'll find resources and services to help, no matter where you are on the dementia journey.

Learn more about all our programs and services in our new program guide:

<https://bit.ly/ASDRFallProgramGuide>

Protecting our clients, volunteers and staff is a priority for us. We are all aware that our clients are part of the most vulnerable sector of society, so we're being extremely cautious, ensuring we've taken all reasonable steps to keep everyone safe. We will continue to closely evaluate and follow all Public Health and provincial guidelines, as we continue to establish processes and protocols required to operate safely during this challenging time.

We thank you for your continued patience as we navigate through this pandemic together and hope you will stay connected and engaged with us, whether that's in-person, via telephone or through online and virtual platforms. We are here.

Please watch for future updates.

Stay safe,

Denyse Newton

CEO, Alzheimer Society Durham Region