

# The Alzheimer Society Presents:



The last Wednesday of the month from 1:00 to 3:00pm at the  
Ojibway Nature Centre, 5200 Matchette Rd. Windsor, ON  
Mark the next 3: January 25, February 22, and March 29, 2017

## What is a Memory Café?

A memory café provides a FREE gathering place for people living with dementia, their care partners, families and friends to relax, and enjoy refreshments. It also provides socialization, discussions, and entertainment all in a coffee shop environment.

## Goals:

- To provide an inclusive safe gathering place, where people can socialize, ask questions, and have fun.
- To encourage the development of natural support networks amongst families, friends, and community.
- To support educational inquiries that people may have about dementia.

## What is offered?

- Free coffee and other refreshments
- Socialization
- Educational Opportunities
- Recreational Activities
- Guest Speakers
- Celebrity Servers

## The Café Is Not:

- A Day or Respite Program
- Support Group
- Workshop

**For more information contact Sayed at 519-974-2220 ext. 244 or at [sdaher@aswecare.com](mailto:sdaher@aswecare.com)**

“Do not hide away – come and participate with us, in this safe space, and in society and life as much as you can. You did not ask to get dementia, and it could happen to any of us. Here we understand – and want to talk about it and learn to live with it.” ~ Dr Bére Miesen

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WINDSOR - ESSEX COUNTY

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