



Alzheimer Society

PRINCE EDWARD ISLAND

Volume 1, Issue 3 | December 2011



Evidence indicates people who are provided support services early in the continuum of the disease and receive that support on an ongoing basis tend to be better equipped for the challenges that will arise.

To help ensure this early and ongoing support, on December 1, 2011, the Alzheimer Society of PEI launched it's newest program, First Link®

Caregivers indicate they need more support, diverse respite care options, connection to services such as the Alzheimer Society's First Link program, better health care services, and improved care in long term care facilities.

What is First Link®?

First Link® is a program designed to assist individuals living with Alzheimer disease and related dementias (ADRD), their family members, and caregivers. First Link connects families to education, services, and support as early as possible in the disease process.

In partnership with physicians and other diagnosing professionals, a referral to the Alzheimer Society services can occur at the time of diagnosis or before. The First Link® program contains five essential elements:

- * Partnerships with physicians, health professionals and community organizations.
- * Formal Referral as soon as a diagnosis is made or at any other time in the dementia journey.
- * Proactive outreach calls to individuals and families referred.
- * Information and connection to Alzheimer Society of PEI programs and services, and referrals to other community and health care services.
- * Planned follow up every 3 months through a relationship based case management system.

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We are now on Facebook!
Come join our group
"Alzheimer Society of PEI"

- Alzheimer Awareness Month Calendar of Events
- First Link cont
- Food for Thought Challenge
- How Can I Help?
- Coffee Break 2011

January is Alzheimer Awareness Month!

The Alzheimer Society of PEI will be hosting workshops focusing on health and prevention, caregiving and research on January 12th, 19th and 26th. Guest speakers will include Dr. Ken Rockwood, Dr. Laurie Mallery and Dr. Jackalina Van Kampen. Pre- registration is required as seats are limited. You can also support the Alzheimer Society through the “Alzheimer Food for Thought” Challenge held January 15-21 in many local pubs and restaurants in Charlottetown. To find out more please contact us: society@alzpei.ca, or 628-2257.

January 3rd, 2012 Tuesday

7:00 pm Corrine Hendricken-Eldershaw on Island View

January 10th, 2012 Tuesday

2:00 pm First Link® Education Module #1

January 12th, 2012 Thursday ~ Health and Prevention

1:00 pm What's new from the Alzheimer Society

Corrine Hendricken-Eldershaw

2:30 pm Panel Presentations: Brain Health

1:00 pm *Webinar*: Health Promotion and Dementia

January 17th, 2012 Tuesday

2:00pm First Link® Education Module #2

January 18th, 2012 Wednesday

TBA *Webinar*: Health Care of the Elderly and Caregiver

2:00 pm Charlottetown Support Group – Caregivers

2:00 pm Montague Support Group – Caregivers

January 19th, 2012 Thursday ~ Living the Journey ~ Planning the Journey

1:00 pm PATH: Palliative and Therapeutic Harmonization – Dr. Laurie Mallery:

2:30 pm The Caregiver Journey

1:00 pm *Webinar*: Self Management and Dementia

January 24th, 2012 Tuesday

2:00 pm First Link® Education Module #3

January 26th, 2012 Thursday ~ Research

1:00 pm Research: Dr. Ken Rockwood

2:30 pm First Link® – Information, Support, Education, and Referral

1:00 pm *Webinar*: How I Live Well

January 30th, 2012 Monday

6:30 pm Souris Support Group – Caregivers

January 31st, 2012 Tuesday

2:00 pm First Link® Education Module #4

* To register for First Link Education Modules please contact us by email firstlink@alzpei.ca or by phone at 628-2257

* Storm Dates for the Workshops are the following day

* Storm Dates for First Link Education Modules will be the following week





Food for Thought Challenge

You can support the Alzheimer Society through the “Food for Thought” Challenge held January 15-21. Local pubs and restaurants in Charlottetown will be participating to raise essential funds. Plan to drop into these fine establishments and support the Society.



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The Alzheimer Society has built partnerships with physicians, geriatricians, pharmacists and key government health professionals to pilot this essential service and support for loved ones living the journey of dementia.

Who is referred to First Link®?

- * Individuals with a diagnosis of Alzheimer’s disease or a related dementia
- * Caregivers and family members
- * Individuals diagnosed with Mild Cognitive Impairment, or other memory impairments

Why is a formal referral to First Link® so important?

- * It is often difficult for individuals and families to ask for help
- * Without formal referral, first contact is typically made during times of crisis
- * Information and support will help patients and families cope with more confidence
- * Planning for the future is critical
- * There are community and health care services that families need to know about
- * With knowledge and skills, people are able to maintain quality of life while living with dementia



Your donation helps support research, advocacy, education, and programs.

The Alzheimer Society is committed to enhancing the quality of life of those people affected by Alzheimer Disease and other dementias.

We invite you to use this clipping to show your support by making a donation or volunteering your time. You may also use it to request information.

- Yes, I would like to help with a tax deductible contribution of \$ _____
- Amount Enclosed Please Invoice Please charge my Credit Card

Receipt to: _____

Address: _____

Credit Card # : _____ Expiry: _____

Signature: _____

- I am interested in volunteering. Please send me more information!

Address: _____

- I would like to learn more about Alzheimer's Disease. Please send me an information package.

Address: _____

Help for Today. *Hope for Tomorrow...* ®

Coffee Break 2011



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