Resources Available about Dementia/Alzheimer's disease

Port Colborne Public Library

310 King Street, Port Colborne

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Books

- **100 Simple Things You Can Do to Prevent Alzheimer's and Age-Related Memory Loss**, Jean Carper, 2012
- **Aging is a Family Affair: A Guide to Quality Visiting Long Term Care Facilities and You**, Wendy Thompson, 1987
- **Alzheimer's Disease: What If There Was a Cure? The Story of Ketones**, Mary T. Newport, 2011
- **Alzheimer's Early Stages: First Steps for Families, Friends, and Caregivers, David Bennett, 2003**
- **Beating Alzheimer's: A Step Towards Unlocking the Mysteries of Brain Diseases**, Tom Warren, 1991
- **Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory**, Dharma Singh Khalsa, & Cameron Stauth, 1997
- **Caring for the Alzheimer Patient: A Practical Guide**, Raye Lynne Dippel, 1996
- **Choke: A Novel**, Chuck Palahniuk, 2001
- **Cost**, Roxana Robinson, 2009
- **Dying for a Hamburger: Modern Meat Processing and the Epidemic of Alzheimer's Disease**, Murray Waldman & Marjorie Lamb, 2004
- **Estate Planning Through Family Meetings (Without Breaking Up the Family)**, Lynne Butler, 2010
- **Forget-me-not**, Jonah Schein, 1988
- **Freedom from Disease: The Breakthrough Approach to Preventing Cancer, Heart Disease, Alzheimer's, and Depression by Controlling Insulin**, Peter Morgan Kash & Jay Lombard, 2008
- **How to Care for Aging Parents: A Complete Guide**, Virginia Morris, 1996
- **Island Girl**, Lynda Simmons, 2010
- **Keep Your Brain Alive: 83 Neurobic Exercises to Help Prevent Memory Loss and Increase Mental Fitness**, Lawrence Katz, 2008
- **Losing My Mind: An Intimate Look at Life with Alzheimer's**, Thomas DeBaggio, 2002
- **Making Peace with Your Adult Children: A Guide to Family Healing**, Shauna L. Smith, 1993
- **Mile-High Apple Pie**, Laura Langston, 2004

- **My Mother, Your Mother: Embracing "Slow Medicine" – The Compasionate Approach to Caring for Your Aging Loved Ones**, Dennis M. McCullough, 2008
- **Parentcare Survival Guide: Helping Your Folks Through the Not-So-Golden Years**, Enid Pritikin, 1993
- **Radical Medicine: Cutting-Edge Natural Therapies That Treat the Root Causes of Disease**, Louisa L. Williams, 2011
- **Remember**, Karen Kingsbury, 2003
- **Someone Not Really Her Mother**, Harriet Scott Chessman, 2006
- **Still Alice: A Novel**, Lisa Genova, 2009
- **Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend**, Claudia Strauss, 2001
- **The 36 Hour Day: A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory Loss in Later Life**, Nancy L. Mace & Peter V. Rabins, 1999
- **The Alzheimer's Action Plan: The Experts' Guide to the Best Diagnosis and Treatment for Memory Problems**, Murali Doraiswamy, Lisa P. Gwyther, & Tina Adler, 2008
- **The Christmas Clock**, Kat Martin, 2009
- **The Complete Canadian Eldercare Guide: Expert Solutions to Help You Make the Best Decisions for Your Loved Ones**, Caroline Tapp-McDougall, 2004
- **The Complete Eldercare Planner: Where to Start, Which Questions to Ask, and How to Find Help**, Joy Loverde, 2000
- **The Graduation of Jake Moon**, Barbara Park, 2000
- **The Memory Artists**, Jeffrey S. Moore, 2004
- **The Memory Bible: An Innovative Strategy for Keeping Your Brain Young**, Gary W. Small, 2002
- **The Story of My Father: A Memoir**, Sue Miller, 2003
- **They're Your Parents, Too! How Siblings Can Survive Their Parents' Aging Without Driving Each Other Crazy**, Francine Russo, 2010
- **Thinking About Dementia: Culture, Loss, and the Anthropology of Senility**, Annette Leibing, 2006
- **Welcome to the Departure Lounge: Adventures in Mothering Mother**, Meg Federico, 2009
- **When Someone You Love Has Alzheimer's: The Caregiver's Journey**, Earl A. Grollman & Kenneth S. Kosik, 1996
- **Your Miracle Brain: Dramatic New Scientific Evidence Reveals How You Can Use Food and Supplements to Maximize Brain Power, Boost Your Memory, Lift Your Mood, Improve IQ and Creativity, Prevent and Reverse Mental Aging**, Jean Carper, 2000

DVDs

- **Away from Her**, 2007
- **Iris**, 2002
- **Rise of the Planet of the Apes**, 2011
- **The Forgetting: A Portrait of Alzheimer's**, 2003
- **The Savages**, 2008

Ebooks

- **Bill Warrington's Last Chance: A Novel**, James King, 2010
- **Breaking the Silence**, Diane Chamberlain, 2009

- **Can't Remember What I Forgot: Good News from the Frontlines of Memory Research**, Sue Halpern, 2008
- **Choke: A Novel**, Chuck Palahniuk, 2004
- **Dangerous Undertaking**, Mark De Castrique, 2003
- **Dignifying Dementia**, Elizabeth Tierney, 2011
- **His Father's Son**, Bentley Little, 2009
- **Ordinary Life: Stories**, Elizabeth Berg, 2002
- **Pop**, Gordon Korman, 2009
- **Someone Not Really Her Mother**, Harriet Scott Chessman, 2006
- **The Christmas Clock: A Novel**, Kat Martin, 2009
- **The Last Days of Ptolemy Grey**, Walter Mosley, 2010
- **Welcome to Your Brain: Why You Lose Your Car Keys but Never Forget How to Drive and Other Puzzles of Everyday Life**, Sandra Aamodt, 2008
- **Wherever Grace is Needed**, Elizabeth Bass, 2011
- **You Lost Me There**, Rosecrans Baldwin, 2010