ANNUAL PROVINCIAL CONFERENCE

Kaleidoscope of Care

A conference for professional caregivers of people with Alzheimer's disease and related dementias

Dementia: Living Together

Tuesday, September 25th and Wednesday, September 26th, 2012

Delta Hotel

1919 Saskatchewan Drive

Regina, Saskatchewan

Alzheimer Society
SASKATCHEWAN

SCHEDULE AT A GLANCE

TUESDAY SEPTEMBER 25th, 2012

8:00 am	Registration
8:45 am	Opening Remarks
9:00 am	**Keynote – Christene Gordon and Marlene Collins**
	Working Towards Well-being in Dementia - Shifting From a Deficits Led Perspective To An Abilities Led Perspective
10:30 am	Coffee
11:00 am	**Plenary**
	Personal Story
12:30 pm	Lunch
1:15 pm	**Concurrent Sessions**
	1A – *Communication Companion* – Subhas Maharaj
	1B – *Healthy Eating and Living Well with Dementia* – Allison Cammer
2:30 pm	Coffee
3:00 pm	**Plenary**
	Models of Care – panel discussion
3:50 pm	Closing Remarks

WEDNESDAY SEPTEMBER 26th, 2012

8:00 am	Registration
8:45 am	Opening Remarks
9:00 am	**Keynote – Dr. Darrell Mousseau**
	B-Amyloid: What is it really doing in Alzheimer's disease
10:15 am	Coffee
11:00 am	**Plenary** – Dr. Melanie McLeod
	Medication Management of Dementia
12:00 noon	Lunch
1:00 pm	**Concurrent Sessions**
	2A – *Do Ya' Think I'm Sexy? Love and Intimacy in Care* – Christine Gordon and Marlene Collins
	2B – *Anticipatory Grief and Loss – Caregiving and Alzheimer's Disease* – Nuelle Novik
2:15 pm	Coffee
2:45 pm	**Alzheimer Society of Saskatchewan – call to action**

Accommodation Information

A block of rooms has been set aside for September 24 and 25 at the Delta Regina at a rate of $145 plus tax (rate guaranteed until September 12, 2012). Participants are responsible for booking and paying for their own accommodations. Please mention the Alzheimer Society when booking your rooms. Call the Delta at (306) 525-5255 or Toll-Free 1-800-209-3555.

Alzheimer Society of Saskatchewan
301 - 2550 - 12th Avenue
Regina SK S4P 3X1
Phone: (306) 949-4141
Toll-Free: 1-800-263-3367
Fax: (306) 949-3069
Email: info@alzheimer.sk.ca
Website: www.alzheimer.ca/sk

Kaleidoscope of Care

Dementia: Living Together

TUESDAY, SEPTEMBER 25, 2012

KEYNOTE SPEAKERS – Christene Gordon and Marlene Collins
Working Towards Well-being in Dementia – Shifting From a Deficits Led Perspective to an Abilities Led Perspective

The caring relationship is a complex entity helped or hindered by dynamics arising from the three core elements of self, person with dementia and environment. This interactive session will challenge you to think about:

- Ways in which negative attitudes towards dementia are developed or fostered
- Ways in which person-centred approaches can be tied in with the realities of practice
- Ways of engaging with the felt and lived experience of those living with dementia

It is the intention of this session to help you reflect upon and develop person-centred approaches which are adaptable and achievable given the unique nature of your practice.

Christene Gordon, Director Client Services, Alzheimer Society of Alberta and Northwest Territories and Marlene Collins, Director Complex Continuing Care and George Boyack and Signal Pointe Site Director, CareWest Calgary.

PLENARY SESSION – ***Personal Story***
A couple shares their story after a life altering diagnosis of frontotemporal dementia.

CONCURRENT SESSIONS
1A – ***Communication Companion: Keeping the Spirits-Up***
The Communication Companion program addresses the need for functional communication and social interaction for adults and seniors when communication flow and fluidity is interrupted or diminished. The program stimulates communication and social interaction; improves cognitive alertness; and enhances the individual's quality of life through conversations and everyday activities that focus on intact strengths, abilities and preferences. The program supports stroke patients and individuals living with dementia and other neurological disabilities. This session provides an overview of caregiver assessment strategies and useful tools.
Subhas C. Maharaj, M.S., L.T.C.L. Senior Speech-Language Pathologist, CCC – SLP (C), Speech-Language-Communication Services, Heartland Health Region, Rosetown, Saskatchewan.

1B – ***Healthy Eating and Living Well with Dementia***
The purpose of this session is to critically examine what healthy eating means in relation to living well with dementia. Concepts of good nutrition, food as a source of pleasure and enjoyment, taste, independence and eating as it relates to personhood will be addressed. Session participants will be better able to support those with dementia and their care-partners to incorporate healthy eating strategies that enhance well-being and healthy living.
Allison Cammer, BSc, BA, MSc, RD, Research Associate, Canadian Centre for Health and Safety in Agriculture, College of Medicine, University of Saskatchewan.

PLENARY SESSION – ***Models of Care***
Panel discussion on the Eden Alternative, Gentle Persuasive Approach, P.I.E.C.E.S and Supportive Pathways models of care.

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WEDNESDAY, SEPTEMBER 26, 2012

KEYNOTE SPEAKER – Dr. Darrell Mousseau
B-Amyloid: What is it really doing in Alzheimer's disease
Dr. Mousseau will discuss some of the issues surrounding the role of the B-Amyloid peptide, best known as the molecule that forms the senile plaques in the Alzheimer brain. There is certainly a lot of support for a toxic role for the molecule in Alzheimer disease, but there is also some strong evidence to suggest that it also helps to protect the brain.
Darrell D. Mousseau, PhD, Saskatchewan Research Chair in Alzheimer disease and related dementias.

PLENARY SESSION – Dr. Melanie McLeod
Medication Management of Dementia
This session will provide a general overview of the different medications that are commonly prescribed to treat the symptoms and behaviours of people with Alzheimer's Diseases and Related Dementias. Additionally, this session will address common questions and medications that family members and staff members may ask.
Dr. Melanie McLeod, BSP, ACPR, PharmD, Clinical Pharmacist, Psychiatric Support Team, Mental Health Services, Regina Qu'Appelle Health Region.

CONCURRENT SESSIONS
2A – ***Do Ya' Think I'm Sexy? Love and Intimacy in Care***
Sexual expression for older adults remains a hushed topic; steeped in myths, presumptions and half- truths. Cutting through the misinformation is one of the biggest challenges facing older adults, family members and health and social care providers. Congregate living offers further challenges in supporting the rights of older adults. This session will explore the topic of sexual expression within a care setting. Topics will include: Sex vs Sexuality; Values and Barriers; Well-being vs Ill-being; Cognitively impaired vs Emotionally impaired; Honoring the Spirit; Developing Guidelines.
Christene Gordon, Director Client Services, Alzheimer Society of Alberta and Northwest Territories and Marlene Collins, Director Complex Continuing Care and George Boyack and Signal Pointe Site Director, CareWest Calgary.

2B – ***Anticipatory Grief and Ambiguous Loss – Caregiving and Alzheimer's Disease***
Caregivers and family members of someone with Alzheimer's disease experience unique challenges related to grief and loss. Extending beyond a discussion of the dying process, this session will explore the multiple losses, as well as the anticipatory grief processes that impact those who experience and witness the progression of this disease. This session will discuss practical helping strategies, as well as suggestions to prevent and/or minimize caregiver burnout.
Nuelle Novik, MSW, PhD, RSW, Assistant Professor, Faculty of Social Work, University of Regina.

CLOSING SESSION
Call to Action – Alzheimer Society of Saskatchewan.

Gold Sponsor Pfizer

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Alzheimer Society
SASKATCHEWAN

Tuesday, September 25, 2012
Wednesday, September 26, 2012
8:00 am — 4:00 pm
at the **Delta Hotel**
1919 Saskatchewan Drive
Regina, SK

A conference for professional caregivers of people with Alzheimer's disease and related dementias

PLEASE NOTE: ONLINE REGISTRATION IS AVAILABLE AT www.alzheimer.ca/sk

REGISTRATION *Please print — for additional registrants, please photocopy*

Name: _____

Organization: _____

Mailing Address (home/work): _____

City:_____ Province: _____ Postal Code: _____

Phone: _____ Fax: _____ Email: _____

Lunch will be provided. Please list any food allergies: _____

Check One:

O Register for both days – member ($150)
O Register for both days – non-member ($200) (*Save money by purchasing a Society membership)
O Tuesday, September 25 only ($120)
O Wednesday, September 26 only ($120)
O Student (both days for the single day rate $120)

Indicate which sessions you would like to attend:

Day 1 — Concurrent Session — Option:	O 1A	O 1B
Day 2 — Concurrent Session — Option:	O 2A	O 2B

*Registration payable by cheque or credit card. Payment **must** accompany registration form.*

O VISA O MASTERCARD CARD NUMBER: _____

CARDHOLDER'S NAME: _____

EXPIRY DATE: _____ VALIDATION CODE (*3 digit number on back of card*): _____

Fax with credit card information to (306) 949-3069.
or
Mail completed form with cheque to:
Alzheimer Society of Saskatchewan, 301 - 2550 - 12th Avenue, Regina, SK S4P 3X1
(*Please make cheque payable to the Alzheimer Society of Saskatchewan*)

For more informaiton call: 306-949-4141 or 1-800-263-3367

Registration Deadline: Monday, September 21, 2012
Registrations are transferrable. Refunds, minus a $50 administration fee, will be given for written, faxed or emailed cancellations received by September 21, 2012. No refunds for cancellations received after September 21, 2012. We reserve the right to invoice parties who reserve a place and do not attend.

Alzheimer Society
SASKATCHEWAN

MEMBERSHIP APPLICATION

Membership in the Alzheimer Society of Saskatchewan keeps you informed of the things we do and gives you a voice in the direction of the organization. To become a member complete the form below.

As a member of the Alzheimer Society of Saskatchewan, you will receive the following benefits:

- The Prairie View newsletter three times a year
- Voting privileges at our Annual General Meeting
- Lending privileges through our Resource Library
- Reduced rate at our Annual Provincial Conference

I would like to become a member of the Alzheimer Society of Saskatchewan

Type of Membership:

☐ Individual – $15.00

☐ Organization – $50.00

Would you like your receipt emailed? ☐ Yes ☐ No

Would you like your newsletter emailed? ☐ Yes ☐ No

Email Address: _____

NAME *or* NAME OF ORGANIZATION: _____

NAME OF ORGANIZATION'S CONTACT: _____

ADDRESS: _____

CITY: _____ **PROVINCE:** _____ **POSTAL:** _____

PHONE: _____ **FAX:** _____ **EMAIL:** _____

Please accept this additional donation to the Alzheimer Society of Saskatchewan:

❑ $25.00 ❑ $50.00 ❑ $100.00 ❑ Other _____

I would like to pay for my membership/donation with* VISA / Mastercard *(circle one)

Account Number: _____ Expiry Date: _____

Signature: _____

Memberships and donations can be mailed to the Alzheimer Society of Saskatchewan at:

301-2550-12th Avenue, Regina SK S4P 3X1
(306) 949-4141 or Toll Free in Saskatchewan 1-800-263-3367

BECOME A MEMBER ON-LINE BY VISITING www.alzheimer.sk.ca

Forget Me Not
Ne m'oubliez pas