Société Alzheimer Society
PRINCE EDWARD ISLAND

First Link Premier lien

What is First Link®?

First Link® is a program designed to assist individuals living with Alzheimer disease and related dementias (ADRD), their family members, and caregivers. First Link connects families to education, services, and support as early as possible in the disease process. In partnership with physicians and other diagnosing professionals, a referral to the Alzheimer Society services can occur at the time of diagnosis or before. The First Link® program contains five essential elements:

- **Partnerships** with physicians, health professionals and community organizations.
- **Formal Referral** as soon as a diagnosis is made or at any other time in the dementia journey.
- **Proactive outreach calls** to individuals and families referred.
- **Information and connection** to Alzheimer Society of PEI programs and services, and referrals to other community and health care services.
- **Planned follow up every 3 months** through a relationship based case management system.

Who is referred to First Link®?

- Individuals with a diagnosis of Alzheimer's disease or a related dementia
- Caregivers and family members
- Individuals diagnosed with Mild Cognitive Impairment, or other memory impairments

Why is a formal referral to First Link® so important?

- It is often difficult for individuals and families to ask for help
- Without formal referral, first contact is typically made during times of crisis
- Information and support will help patients and families cope with more confidence
- Planning for the future is critical
- There are community and health care services that families need to know about
- With knowledge and skills, people are able to maintain quality of life while living with dementia

166 Fitzroy Street
Charlottetown, PE
C1A 4M4
Tel: (902) 628-2257

Email: society@alzpei.ca
Website: www.alzpei.ca

Toll Free: 1-866-628-2257